

# Learn to Write Chinese Characters Johan Björksten

"An engagingly written, pedagogically correct, and highly informative self-instructional tool for students of Chinese as well as for calligraphy enthusiasts who do not speak Chinese."—David W. Pankenier, Lehigh University

Characters are one of the most fascinating aspects of the Chinese language and occupy a prominent place in Chinese culture. Good handwriting is also very important in learning Chinese: the strokes that make up the characters must be written in a certain rigidly specified order, and they must also be written in a special way.

This book is the only introductory manual for writing Chinese characters prepared specifically for an English-speaking audience. The author guides the reader through the fundamentals of writing and introduces the different types of script used in China today, their evolution, their place in Chinese tradition, and the relations among them. The book provides basic instruction in writing with a modern fountain pen rather than a brush. Only commonly used characters—both simplified and full forms—appear as examples and exercises. Also included is an explanation of how to look up characters in a Chinese dictionary.

This attractive and charming book, full of anecdotes and calligraphic aphorisms, is both a useful classroom tool and an enjoyable reading experience for anyone with an interest in the language and culture of China.

Johan Björksten has studied and worked in China for a number of years and has taught Chinese to nonnative learners. Currently a resident of Beijing, he has also published a beginner's textbook of the Chinese language. The calligraphy is by Yan Ruimin, vice-secretary of the Chinese Hard-Pen Calligraphic Society.

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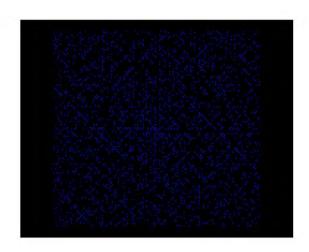
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# LEARN TO WRITE CHINESE CHARACTERS

Johan Björkstén



Yale University Press New Haven and London

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To Cecilia

良師諍友

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#### A C K N O W L E D G M E N T S

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#### INTRODUCTION

Even though characters are one of the most fascinating aspects of the Chinese language, most of us who study Chinese aren't very good at writing them. Translators and scholars who know the language well sometimes have embarrassingly sloppy handwriting. It is a pity that the art of writing has been so little stressed in the teaching of the language. Not only is writing beautiful characters fun, but good handwriting is of much greater importance in learning Chinese than in learning a Western language. There are several reasons for this.

- The characters may seem chaotic to the novice, but their structure is not at all haphazard. Over the millennia they have developed from easily recognizable pictures of objects to highly stylized symbols of script. In the course of this development they have also been standardized to facilitate speed and comfort in writing. Not only must the strokes that make up each character be written in a certain rigidly specified order; they must also be written in a special way, which we will deal with in this book. The technique of writing is thus closely linked to the structure of the characters. By focusing on good handwriting, learners more quickly acquire a feeling for the logic of the Chinese characters, making them easier to remember. Schoolteachers in China pay great attention to the subject of writing.
- Most handwritten characters (in letters and on menus and shop

signs, for example) are written in cursive script, where the separate strokes are linked for quick writing. Such characters are much harder to read than the printed forms that beginners learn. Because they are shorthand versions derived from the same roots as the standard forms, the way they are written is closely linked to the way standard characters are written. In developing correct handwriting, you will gain a natural feel for the characters that makes them easier to decipher, even when they are in the cursive style. Actually, it is almost impossible for someone who lacks an adequate foundation in the art of writing to interpret cursive characters.

- For anyone who wants to learn how to write cursive script, reasonable proficiency in standard characters is absolutely essential.
- Calligraphy, the art of writing, is considered in China the noblest of the fine arts. At a very early stage in history it became an abstract and expressionist art form, where meaning is of secondary importance and aesthetic expression the prime concern. Many Chinese hold that calligraphy prolongs the writers' lives, sharpens their senses, and enhances their general well-being. By practicing calligraphy you can achieve a glimpse into Chinese aesthetics and philosophy and learn to appreciate an abstract art form.

There are two principal ways to learn calligraphy. You can begin in the traditional way, with a brush. This calls for long practice, infinite patience, and a good teacher. By practicing with a brush you emphasize the artistic rather than the practical, for few modern Chinese use the brush in everyday life. Good teachers of traditional calligraphy are a rare breed outside Chinese communities.

Your other option is to practice with a fountain pen. This has many advantages. The fountain pen is the writing tool used in present-day China, so you have a practical use for what you learn. The fountain pen is easier to use than the soft, pliable brush, so you can avoid spending time on technique and concentrate on writing neat characters. The principles for writing with a fountain pen hold equally well for pencil and ballpoint pen, though it is easier to form pleasing strokes with a fountain pen. Lastly, you can make do without a

teacher. Fountain pens are readily available, and ordinary paper can be used. For brush calligraphy, special Chinese writing paper is preferable.

Many teachers of Chinese hold the misconception that in learning calligraphy it is necessary to start practicing with a brush. As a result, many schools give makeshift courses in brush calligraphy or, more commonly, offer hardly any instruction in the subject at all. In fact, fountain pen calligraphy is becoming more and more popular in the whole Chinese-speaking world; there are many books offering model characters and aesthetic guidance, as well as regular exhibitions and competitions. Practicing with a pen is as good a way to learn the characters as practicing with a brush.

What I address in this book, then, is fountain pen calligraphy, or "calligraphy of the hard pen." To understand and appreciate characters requires some historical background and a simple analysis of the structure and aesthetics of the script. Much has been written on these subjects, and at the end of the book I list a few titles of further interest. On the other hand, there is, as far as I know, no introduction to writing characters with a pen that is designed for a non-Chinese-speaking audience. I hope this book will fill the gap. The material should be well suited for all learners of Chinese, from high school students and first-year undergraduates to old hands who would like to improve their writing technique. Because the book presupposes no previous knowledge of Chinese, it should also attract anyone with an interest in the language and culture of China.

I hope that by following the suggestions made in this book you will be able to learn Chinese characters more easily, deepen your appreciation of their beauty, and have as much fun practicing them as I have had.

#### THE HISTORY AND STRUCTURE

### OF CHARACTERS

Chinese characters constitute one of the oldest forms of writing in the world. Archaeologists making excavations since the 1970s have discovered that characters were already in use in the Stone Age, even though the symbols can probably not be considered script in the true sense of the word. When scholars consider the early history of the characters, they often focus on the Shāng dynasty (sixteenth–eleventh centuries B.C.) because of the rich historical material from the period.

Since the sixth century A.D., old pieces of bone, called *dragon bones*, reputedly possessed of beneficial medical powers, have been sold in pharmacies in northern China. In 1899 a Beijing scientist noticed that the bones had inscriptions; and when the symbols were investigated, some could be interpreted as ancient forms of modern Chinese characters. An example of the writing can be seen in figure 1. Their place of origin turned out to be the remains of a Shāng-dynasty capital, and its excavation some thirty years after the discovery yielded tens of thousands of the inscribed dragon bones.

The bones are the remains of Shāng soothsayers' archives. The Shāng people collected turtle shells or shoulder blades from oxen, drilled shallow holes at certain points, and stuck red-hot bronze rods into the indentations. The resulting cracks in the shells and bones were interpreted by the court soothsayers. The prophecies were carved beside the cracks, and the bones were filed in vast archives in the capital. The characters on the bones are called oracle bone characters. Their uniformity and the wide vocabulary employed



Fig. 1. Turtle shell with oracle bone characters

suggest that even three thousand years ago they may already have had a long history. About one-third of the oracle bone characters in the archives have been deciphered.

The structure of the oracle bone characters shows that they are forerunners of modern Chinese script. The characters originated in a number of ways.

- *Pictographs*. From the illustrations in figure 2, we see that some characters were originally pictures. On the left are the oracle bone characters and on the right their modern equivalents. The "primitive" characters on the left were one stage in a long process during which the original pictographs became symbols of script.
- Characters depicting abstract concepts. The interpretation of shàng, xià, and bìng in figure 3 is straightforward. Hǎo, good, is a picture of a woman holding a child.



Fig. 2

- Characters formed from a phonetic and a radical. When the need arose for a character whose meaning was difficult to illustrate with simple pictures, the character was often created by borrowing an existing character with the same pronunciation. To this "pronunciation part" (the phonetic) was added a "meaning marker" (the radical) in order to distinguish the new character from the old one. Take, for example, the character cao, grass. It consists of two parts: a phonetic, zão, which means early but was merely borrowed to hint at the pronunciation of the character, and a radical that means plant. The character for river, hé, is made from the water radical and a phonetic pronounced ke. If we used characters in English, we might imagine the character for "to read" being made up of a reed symbol (for pronunciation) and the eye radical (to indicate which homophone was intended). The borrowing took place long ago, and sometimes the phonetic is no longer pronounced in exactly the same way as the character that it is part of. Here we have to accept that the pronunciations were once the same. Over 95 percent of all Chinese characters have been formed in this fashion. Figure 4 illustrates two more cases.
- Characters borrowed without adding a radical. When a new character was needed, sometimes an old, even obsolete character was invested with the new meaning. The character lái, for example, originally meant a kind of wheat, but because of its pronunciation it was borrowed as the character for the word to come:



Oracle bones are not our only clues to the origins of characters. Another source of knowledge is inscriptions on bronze vessels used for sacrifices and other rituals. Despite the abundant material, however, the origins of many characters remain unclear. Only a small number of characters have had their heritage unequivocally elucidated.

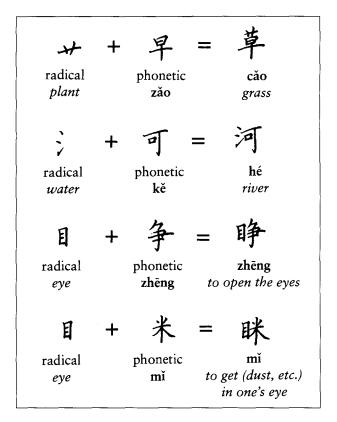


Fig. 4

In older times there was no standardized way of writing, and the same character would appear in any number of variants. Later, characters gradually became more uniform. The changes were determined in part by new writing materials (brush, silk, paper) and practical considerations (decreasing the number of strokes to make the characters easier to write), but also by determined efforts of the authorities.

When the emperor of Qin united China in the third century B.C., he standardized the characters and created what is now called the *small seal script*. An example can be seen in figure 5. This script is a simplified form of the style that had been in common use earlier, which we call the *great seal script*. The small seal script is still used in carving the stone seals with which the Chinese



Fig. 5. Seal script. The picture is a rubbing of an inscription made on stone. Wet paper is applied to the stone, and as it dries, it sinks into the depressions created by the carved characters. Ink is applied to the flat surface of the paper, leaving the sunken portions, the characters, white.

stamp scrolls and documents. It retains many features of the script on the ancient oracle bones.

The development of *clerical script* ran parallel with that of seal script. Clerical script was an even more simplified form of writing, employed at first only for unofficial business. Compare figures 5 and 6 to see the difference between the seal and clerical scripts.

Clerical script, too, has remained in use. Under the Ming and Qing dynasties it was often the vehicle of erotic literature, and nowadays it functions as a variation on the standard characters, much as we might use Gothic type for the Latin alphabet when we wish to be extra fancy.

To write faster than is possible with clerical script, a highly simplified cursive script was developed. In this style, which became known as cǎoshū, many separate strokes may be shortened into a single one, and whole parts of a character may be omitted. Strong personal variation makes it hard for the uninitiated to read, as is the case with English shorthand today. Cǎoshū is one of the three styles used by modern Chinese in their everyday life. In figure 7 we see a specimen written by Wáng Xīzhī, the greatest Chinese calligrapher of all time.

The two other styles commonly used in present-day China are kăishū and xíngshū. Kăishū, or standard script, shown in figure 8, is the most important. It developed in the second century A.D. as a mixture of standardized căoshū and clerical script. The major features of kăishū are distinctness and legibility—every character has a definite form, and only minor variations are allowed. Kăishū is the model for the printed characters in books, magazines, and newspapers, and it is the style learned by Chinese schoolchildren. Therefore, it is the style that we will practice in this book.

Xíngshū, like cǎoshū, is a sort of cursive script that is quicker to write than kǎishū, but it is not as extremely personal as cǎoshū and is therefore easier to read. An example is given in figure 9. An adult Chinese usually writes in a mixture of xíngshū and cǎoshū, much as those of us comfortable with a Latin alphabet usually write in cursive script rather than print capitals. Figure 10 compares a few characters written in kǎishū (on the left), xíngshū (in the middle), and cǎoshū (on the right).



Fig. 6. Clerical script (Hán dynasty)

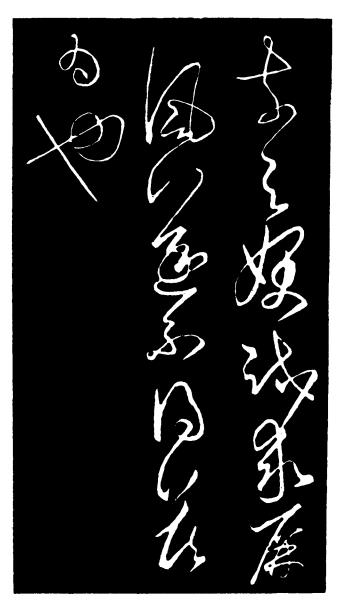


Fig. 7. Cǎoshū by Wáng Xīzhī (A.D. 321-379)



Fig. 8. Kăishū by Oūyáng Xún (A.D. 557-641)

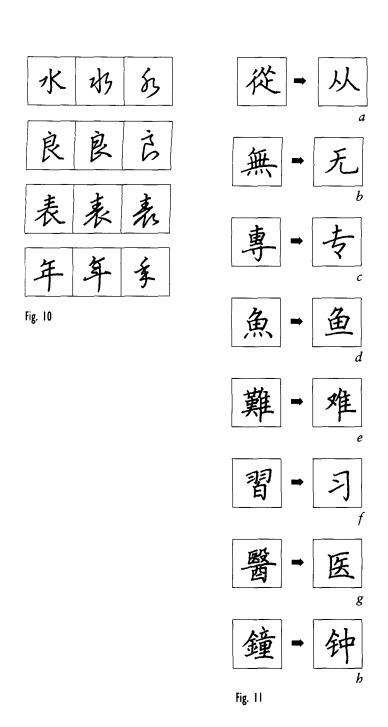


Fig. 9. Xíngshū by Huáng Tíngjiān (A.D. 1045-1105)

For nearly two thousand years kǎishū has, without significant alterations, served as the standard Chinese script. To promote literacy and increase the efficiency of writing, the Chinese Communist regime undertook a script reform in 1956. A new set of simplified characters was set down as the standard for the whole country. This reform was not acknowledged by the Nationalist regime on Taiwan, nor was it carried through in Hong Kong. At present two sets of standard characters are in use worldwide; I will call them *full* and *simplified* characters.

Several principles were used in the simplification of the traditional characters. These are illustrated in figure 11 in the righthand boxes. In certain cases, original antiquated forms were revived as the new standard (a, b). In other cases simplified variants from  $\mathsf{c}\check{\mathsf{a}}\mathsf{o}\mathsf{s}\mathsf{h}\check{\mathsf{u}}$  were used (c), or several strokes were merged into a single one (d). Sometimes, simple symbols were substituted for a complex part of a character (e) or part of the character was simply deleted (f, g). Yet another method was to change the phonetic (b). The majority of the "new" characters produced by the reform had already been unofficially used long before.

The simplified characters were much debated, and the controversies continue to this day. The simplified characters are quicker to write, but the simplifica-



tions have made certain characters hard to tell apart. By redoing the characters, the reformers have broken down part of the logic behind their structure.

In the People's Republic of China shop and restaurant signs and publications aimed at overseas Chinese are often written in full characters, whereas almost all books and newspapers are printed with simplified characters. On Taiwan and especially in Hong Kong many of the simplified characters are used in informal communications, but full characters are used in all printed matter. Singapore has taken a middle road by using simplified characters for newspapers and certain books, but full characters still dominate the scene. Unfortunately, this mixed use makes it hard for people who know only one kind of character to get by. Learning to write the full characters takes time and application, but you must be able to recognize them. Not all characters have been simplified. When there are two forms of a character, I use both the full and the simplified forms for the examples and exercises in this book.

Over the years many scholars and politicians have suggested that the Latin alphabet be substituted for the characters, but such a reform has never been tried. There are several reasons.

First of all, the characters are well suited to their purpose. The Chinese language is poor in sounds, and if the Latin alphabet were used, many words would be spelled the same way, making texts difficult to interpret.

Second, the characters are an important unifying factor in a country with many different and mutually incomprehensible spoken dialects. People speak differently but write the same.

Third, Chinese characters are surprisingly practical to use in our modern world. They take a lot of time to learn, but once mastered, they have many advantages. The cursive script is a natural shorthand, which can be used to take notes at a baffling speed. The fax machine circumvents the earlier problems with telexes and telegrams, and Chinese word-processing programs now make it possible to type Chinese more quickly than English. Some people believe that Chinese can be read faster than a language using phonetic script.

Last but not least, the Chinese cherish characters as symbols of their culture and would not willingly see them replaced by any other system of writing.

# Looking Up Characters in a Dictionary

As we have just seen, most characters are made up of a *radical*, which gives an approximate meaning, and a *phonetic*, which indicates the pronunciation. When working with a Chinese dictionary, we use the radical to look up the character. Even characters that were historically formed in other ways have been included in this system, making it possible to look them up as well.

We have to recognize the radicals to look up words. Some of the more common ones will be dealt with in a later chapter.

Here is how you look up a character.

First you guess what part the radical is. This is usually easy. Then you count the number of strokes in the radical and look it up in the radical list in the beginning of the dictionary. By the entry for the radical there is a reference to where in the character list the characters with this particular radical can be found. The characters in the character list are arranged according to radical and number of strokes. Count the number of strokes in the rest of the character, not including the radical. When you have found the character in the list, a new reference tells you on what page in the dictionary the entry for the character can be found.

Let us look at an example from a popular dictionary using simplified characters, *A Chinese-English Dictionary* (Beijing: Commercial Press, 1978). We will once again take the character cǎo as an example. It has the following stroke-order:



We immediately suspect that cao is under the plant radical



and we see that this radical contains three strokes. Upon looking in the radical list in the beginning of the dictionary for radicals written with three strokes, we find the *plant* radical: number 50. We count the strokes in the rest of the character cǎo and look under number 50 in the character list. As expected, we find cǎo under "radical 50—six strokes." By the entry we find a reference to page 66, where we are informed that the character is pronounced cǎo and can mean *grass*, *careless*, or *a sort of cursive Chinese script*, among other things. After the explanations of the character itself we find cǎo combined with other characters to form words, such as cǎomào, *straw hat*, and cǎoshū, *cursive writing*.

#### THE AESTHETICS OF CHARACTERS:

#### ALIVE ON PAPER

What makes a Chinese character beautiful? Why do we say that one person writes attractive characters and another ugly ones? Since early times, volume after volume has been written on the techniques and materials of writing, the historical development of characters, and, perhaps more than anything else, the aesthetics of calligraphy. I have divided this topic of aesthetics into two parts, for certain ideals can be appreciated only after learning the basics of writing. But even before you take pen in hand, it is important to discuss how to approach the art of writing.

Let me once more point out, however, that the principal object of this book is to teach you ordinary handwriting, rather than to turn you into an artist. Writing with speed and accuracy is more valuable a skill than making pretty characters. Fortunately, these two objectives tend to merge: the more elegantly you form your characters, the faster you will (eventually) write. When you have learned to appreciate the beauty of the characters, you will also find them easier to memorize.

Figures 12 to 16, along with some earlier examples, indicate the scope and variation of Chinese calligraphy. The elegant characters of Emperor Huīzōng in figure 12 conjure up the image of reeds on the shoreline of a quiet lake—the slender strokes bent by the night breeze rustle in the still twilight. Compare this refined atmosphere to the self-conscious, almost rebellious calligraphy in figure 13. The characters in the upper right are bouncing down the paper, possibly on their way to the cocktail party at the bottom of the page.

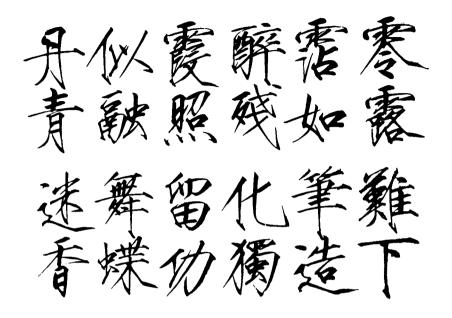


Fig. 12. Xíngshū by the Sòng emperor  $Hu\bar{i}z\bar{o}ng$  (twelfth century A.D.)



Fig. 13. Xíngshū by Yán Zhēnqīng (A.D. 709-785)

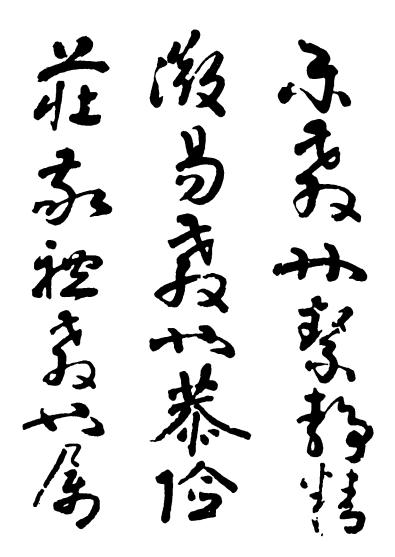


Fig. 14. Anonymous **xíngshū** 

Despite superficial differences in the calligraphy of the two artists, their characters are alike in showing life and movement. The cǎoshū of Wáng Xīzhī in figure 7 evokes the long sweeping sleeves of Chinese folk dancers, whereas Oūyáng Xún writes a much more serious hand in figure 8; his kǎishū characters are as straight-backed and resolute as the guards at the emperor's palace. The farmers outside, trudging down the street with their heavy burdens, can be found in figure 14. There is a firm, unyielding quality to these characters, as if they were age-old trees, bowed and knotted but with their core wood as strong and resilient as ever. Sū Shì's characters in figure 15 loom menacingly on the paper. They speak about the sudden coming of a thunderstorm—he was clearly inspired by their meaning when he wrote them.

These descriptions may seem overpoetic, but Chinese masters themselves describe their calligraphy this way. The characters are compared to natural phenomena—to trees and cliffs, to waterfalls and storm clouds—to the traits and emotions of human beings, to expressive images that elicit the interest of, and offer inspiration to, the viewer. Characters are described as having an almost musical rhythm, sometimes slow and gentle, sometimes swift and full of energy.

As an abstract art form, calligraphy leaves plenty of room for the viewer's imagination. It is not the likeness to natural objects that matters but rather the feeling of life that permeates the characters. That the characters must be alive is the key to the aesthetics of calligraphy. A Chinese author once wrote this about the spirit of calligraphy: "Every line must be animated; every character must seek the movement of life." Certainly, there is this movement in the calligraphy illustrated here. Kǎishū, standard characters, are often called the *standing* style, xíngshū the *walking* style, and cǎoshū the *running* style—again, movement is emphasized.

A character that has been well executed is in harmony, regardless of whether it is standing still or seems to be going somewhere. It is not about to collapse, it is not stumbling or falling over, but lives its life in equilibrium on the paper. The Chinese dislike rigid symmetry. Instead, the ideal is refined balance, giving the impression that the character has been momentarily frozen in the midst of movement.

Not only have the calligraphers compared their works to nature or to other art forms; they have also sought inspiration there. A famous poem tells how



Fig. 15. Xíngshū by Sū Shì, also known as Sū Dōngpō (A.D. 1037-1101)



Fig. 16. Cǎoshū by Zhāng Xù (eighth century A.D.)

Zhāng Xù, a master of calligraphy known for his cǎoshū, saw the famous dancer Gōngsūn do the sword dance:

Brilliant as Yì, the great archer,
Shooting the nine suns out of the sky,
Fierce as the onslaught of spirits and dragons
Wheeling through the heavens,
She began like a thunderbolt, venting anger,
Then ended with the glittering calm of rivers and seas.

According to the poet Dù Fǔ, Zhāng Xù consummated his cǎoshū after seeing this heavenly performance, being particularly inspired if he had drunk "three glasses of wine"—as Dù Fǔ reported—prior to picking up the brush. A specimen of Zhāng's writing can be seen in figure 16.

#### WRITING CHARACTERS

Having looked at the history and aesthetics of characters, it is high time to start writing. Let's begin by discussing how to practice and then talk about how to form characters that are pleasing to the eye.

# The Tools of Writing

# The Pen

Use a fountain pen with a round tip. The special pens for calligraphy that are available in the United States, Europe, and elsewhere usually have flat tips and are therefore not suitable for writing Chinese characters. The best pens are the ones whose shaft covers nearly the entire tip, giving it firm support (fig. 17). This is the kind of fountain pen most common in China, and you should be able to find one in a good stationery store in your neighborhood as well.

## The Ink

Chinese carbon ink (tànsù mòshuǐ) is the ideal choice if you can find it. Shanghai brand is the best. The ink is a deeper black than most inks used

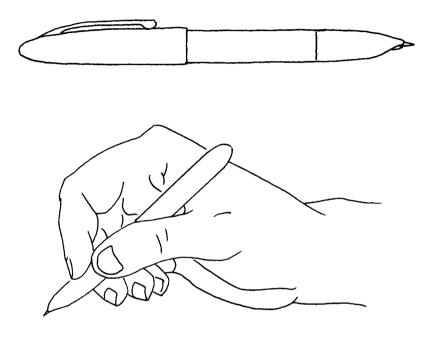


Fig. 17

outside China, in keeping with the Chinese calligraphic tradition of "black characters on white paper." The high contrast makes it easy to spot errors. Also, it is almost waterproof after it dries. If you cannot find carbon ink, use any black ink.

# The Paper

The paper should be crosshatched or marked off in squares, with each square big enough to contain a whole character. Squares makes it easier for the beginner to produce characters of uniform size. The paper should be glossy

enough that the ink dries with sharp edges and does not run. Never put the paper directly on a hard table when writing—satisfactory strokes are extremely difficult to produce. Instead, put fifteen to twenty layers of soft paper (ideally the tissuelike paper used for wiping camera lenses) under the sheet you are writing on.

#### How to Practice

The first thing to do with any new character is to carefully memorize the stroke order. Simple rules govern the order in which the strokes that make up a character must be written. We will wait a little before learning these rules, for they require that we know the basic strokes. Still, it is very important to write with the correct stroke order, so pay careful attention to the order in what follows.

The tried and true method for practicing writing is to copy the characters of an accomplished calligrapher. While you are unsure of your technique, you may want to put a thin, transparent sheet of paper over the characters you are copying and trace them with your pen. Once you understand the rudiments, you should copy by first examining the model and then writing your character in exactly the same way. You should *not* look at one stroke at a time, write it, consider the next stroke, write it, and so on. Instead, you should look at the *whole* character, analyze its structure, turn your head away, and not look at the model character again until you have written all the strokes. When you have completed your character, you should compare it with the model, find out what mistakes you made, and try again. This is the only way to fix the picture of the character firmly in your mind and make rapid progress.

The principle behind this method of practicing has its roots deep in the Chinese aesthetic tradition. Chinese artists are expected to see the whole painting with their inner eye before beginning to work; then they simply paint what they see. This approach is called *having a bamboo completed in your chest*. Chinese watercolors and calligraphic works are often executed in a very short time—the creative work is done before the artist touches the brush.

It is taboo to go back and alter a character while writing. If a stroke fails, begin the whole character over again.

Practice only three or four different characters a day, at least to begin with. Otherwise, you do not have time to learn them thoroughly enough, and you grow too tired to analyze what you are doing right and what you are doing wrong. You learn the characters in a sloppy way and do not really improve your writing.

Write each character at least a hundred times.

Save everything you write and date the papers. Just as with all learning, there will be times when you do not feel as though you are making any progress. It can be heartening to look at the characters that you wrote a month or two earlier. You will be surprised at the difference.

Sit correctly at a desk or table that is not too high. You should be able to rest your arms comfortably on the tabletop. Put the paper straight in front of you and do not slant it too much. Many learners slant the paper and bend over when writing. Don't do either when you write in Chinese. Hold the pen between thumb and forefinger, letting it rest gently on your curved middle finger (fig. 17). The tip of the pen should point forward on the paper and should form a forty-five-degree angle with it. Sit back in the chair so the chairback supports your lower back as much as possible. Be as upright as possible without tensing your back and shoulders. (You should sit this way when writing in English as well.)

Try to practice on a daily basis. It is much better to practice for fifteen minutes every day than not to practice for a while and then suddenly sit for hours on end at the writing table.

At the end of this book there are models for a hundred or so of the most common characters. Later you may choose models that you think look good. Copying characters written with a brush is fine, but you must catch the spirit of the characters rather than copying them directly, for a fountain pen can never reproduce the thick strokes of a writing brush.

#### The Basic Strokes

The standard characters are made up of individual strokes arranged in a certain way. The form of each stroke is very important for the form of the whole character. It is therefore necessary to learn proper basic strokes to write acceptable characters. Once you have spent some time practicing the basic strokes, you will have done half the job of acquiring a good Chinese hand. Those little twists and turns may seem insignificant, but they have not been put there on a whim. Rest assured that over the past few millennia, Chinese calligraphers have developed a method of writing that is practical, quick, and elegant.

Traditionally, calligraphers have recognized eight basic strokes for the characters. These are the strokes appearing in the character yong:



yŏng, eternal

The eight basic strokes are the following (in traditional order):



Below I present the eight basic strokes and give examples of ways they can be executed. The order in which they appear is not the traditional one—I have chosen to present them in a way that I hope will make them easier for the foreigner to learn. In addition, there are practice characters illustrating each stroke. I suggest that you practice one or two strokes at a time and write a few hundred a day. Do not start a new stroke until you feel comfortable with the one you are working on. If you practice half an hour a day, you should feel reasonably satisfied with your basic strokes in two to three weeks.

## Héng 横

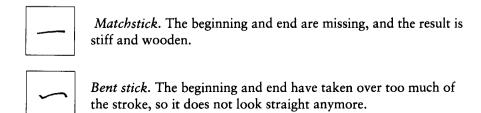
The first stroke is called héng, or horizontal, and looks like this:



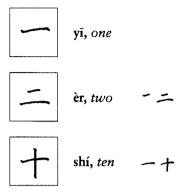
If you look at it carefully, you will notice that it is not a simple straight line. It is not quite horizontal but slants slightly upward, and it is bent without looking crooked, like a flexible twig or a bone.

To write the stroke, set your pen down at the left with a certain force. Then move it slightly downward and to the right. This gives you the little ingress at the left—the well-defined start, separate from the rest of the stroke, like the tensing of muscles before a jump. Execute the stroke itself more quickly, and finish by again pressing more firmly and moving the pen slightly down and to the right. It will feel very awkward to write so carefully, but your speed will soon increase.

Avoid the following mistakes:



Here are some exercises. Note the stroke order!



Héng is rather hard to write. If you feel frustrated, try the next stroke for a while and then return to héng.

#### Shù 竖

The second stroke is called **shù**, meaning *vertical*, and comes in two variants, *dropping dew* and *suspended needle*:



When writing, you begin these two variants in the same way. Put the pen down with a certain force, move it slightly downward and to the right, and then write the stroke itself with a somewhat quicker movement, exerting only moderate pressure on the pen. Whereas the héng stroke slants gently upward rather than being perfectly horizontal, shù should be absolutely vertical. You finish dropping dew by moving the pen with a constant pressure to the end of the stroke and calmly lifting it from the paper. At the very end, you may even move the pen backward for half a millimeter or so. This gives the feeling that the stroke has been executed with careful control and not just tossed down.

To finish the *suspended needle*, start slowly decreasing the pressure about two-thirds of the way down the stroke, and continue decreasing it until the pen leaves the paper.

Avoid the following mistakes:



Nail's head. The beginning is overdone.

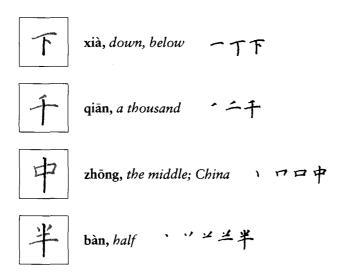


Rat's tail. This is crooked and lacking in power. You have not given the stroke itself enough energy.



Hemp thread. This stroke begins narrowing too soon and looks as though it is about to break in two. Keep applying pressure all the way down to the tip, and do not let the stroke taper off until you are a millimeter or two from the end.

Dropping dew is used when the shù stroke meets another stroke at the top or bottom, and the suspended needle is used when shù passes through the whole character like a skewer. This is evident in the following exercises:



## Piě 撇

The third basic stroke is called **piě** and functions as a "left leg" in many characters. It should look like the tusk of an elephant:



Piě is comparatively easy to write well. The ingress is about the same as for shù, but you must avoid the mistake of curving the stroke too much:



Archer's bow. This stroke is too bent, and there is no difference between beginning and end.

Here are some exercises in writing pie:



rén, man, person )人



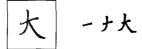
huǒ, *fire* 、 ・・・・ナ 火

## Nà 捺

The fourth basic stroke is called nà. It is rather hard to write. If piè is the left leg, then nà is the right leg:



Here is how nà looks in the character dà, big:



Note how nà conveys the impression of a leg with a foot at the end and how this leg stabilizes the character.

To write nà, you should feel in the beginning as if you are striving upward and to the right, even though the stroke slopes downward the whole time. At the start of the "foot," press a little harder with the pen and at the same time change direction to achieve a clear but gentle "joint" in the stroke.

Avoid the following mistakes:



Hockey stick. The end is crooked and sticks up.



The foot is too marked, so the stroke looks broken.



Sagging rope. The stroke does not strive upward at the beginning; it looks feeble.

Here are some exercises:



mù, tree; wood 一十十木



jìn, close, nearby 「 f f f 诉诉近



shì, to be 1 口口日旦早早异是

## Tiǎo 挑

Tiǎo must be carefully differentiated from piě, which has a similar shape but is written in the opposite direction. Tiǎo is a variant of héng, so it is written from left to right:



Here are some exercises:



dă, to beat, to hit - 寸 扌 十打



hóng, red (full form) 1 4 名 名 条 条 然 紅紅



hóng, red (simplified form) ' 生生 纤红



pǎo, to run, to move fast 中中中华足足出動調節

## Diǎn 点

The sixth basic stroke is dian, the dot. Although making a dot may sound easy, this stroke is one of the hardest to master. It is crucial to the harmony of the whole character. The dot can be written in a number of ways, but three basic types can be distinguished. The first looks like a short tiao:



The second resembles a piě:



The last is a real dot and should look like an elongated apple seed:



Sometimes the dot can be very long:



Dots often occur in groups, and each dot in the group should be unique, so that the whole does not look dull and repetitive. A few exercises follow.



xué, to study, to learn (ff以外的任何细细细细思学 (full form)





hé, river 、 ; ; 广河河河



wén, language; literature 、 ニケ文



mǐ, rice 、 ソ 二 半 米 米



diǎn, dot 、口口口口口里里里里里黑黑黑黑點點 (full form)



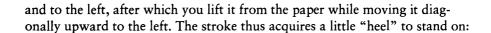
diǎn, dot (simplified form) - トト 占 占 占 点 点 点



hēi, black 1 口口四回里里里黑黑黑

## Gōu 钩

The seventh basic stroke is gou, the hook. Gou comes in four variants. The first begins like a shù, but you finish it by moving the pen slightly downward





The second, called the *reclining hook*, should be softly and evenly bent. You finish it by moving the pen backward, toward the center of the character:



The third hook is a more upright form of the reclining hook:



Finally, there is a very common hook that begins as a héng and is ended by moving the pen downward to the right and then backward and to the left:



Avoid the following mistakes:



Fish hook. The shù, or vertical, part is bent and has fused with the heel.



Triangle. The heel is missing.



The tip slants outward; the character will lose its energy and coherence.



This stroke is too curved.



The turn is too pronounced and looks as though it is composed of several short segments rather than a single stroke.

#### **Exercises:**



shuǐ, water 」 1 水水



dài, generation 11115



sī, to think 1 口日用田田思思思



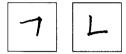
zì, (written) character



chéng, to become - 「万成成成

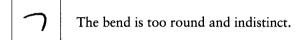
## Zhé 折

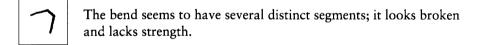
The last stroke to learn is the *bend*, **zhé**. It occurs in two variants, both of which are often used to frame characters:



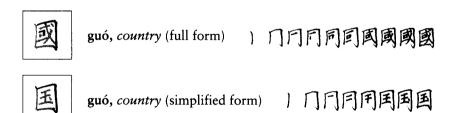
Note that each corner is made with a single stroke.

Avoid the following mistakes:





Exercises:





qū, area (full form) 一一百百百百區



qū, area (simplified form) 「アズ区

## Some Composite Strokes

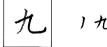
You may have noticed that some strokes that appear to have two separate parts count as a single stroke. These *composite strokes* can be seen as combinations of the eight basic strokes, and it is not really necessary to practice them separately. I include them here as an orientation.

# Héngzhé wāngōu 横折弯钩

One of the most common composite strokes is the héngzhé wāngōu:



It is easy to see why this stroke is also called the *floating goose hook*. It is used, for example, in the character jiŭ, nine:

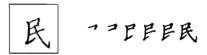


## Shùtiǎo 竖挑

As the name indicates, this stroke comprises a shù and a tiǎo,



It appears, for example, in the character mín, people:

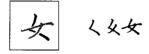


# Piězhé 撇折

Another very common composite stroke is piězhé:



It is the first stroke in the character nu, woman:



## Héngzhé wānpiě 横折弯撇

This stroke



is used, for example, in the character jí, to reach, to attain:

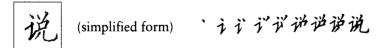


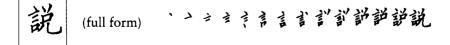
# Héngzhé shùtiǎo 横折竖挑

This stroke



is the larger part of the simplified form of the very common radical meaning word, here in the character shuō, to say, to speak:

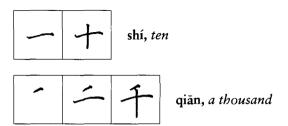




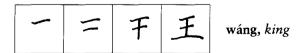
#### Stroke Order

There is only one more thing to consider before we can write freely: stroke order. Sample characters are given to illustrate the eight rules to follow. If you practice the characters, you will soon learn the rules intuitively and not have to think about them as you write. Below, only simplified characters are used as examples of the rules.

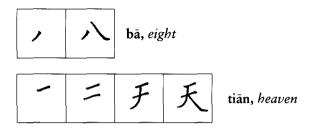
Rule 1. Héng comes before shù; that is, horizontal strokes come before vertical ones:



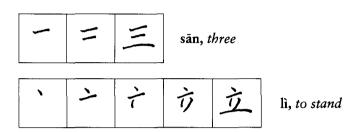
When a héng forms the bottom of a character, it is written last:



Rule 2. Piě comes before nà; that is, a left leg comes before a right one:



Rule 3. Characters are written from top to bottom:



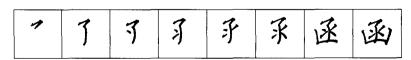
Rule 4. Characters are written from left to right:



Rule 5. If the character is framed from above, the frame is written first:

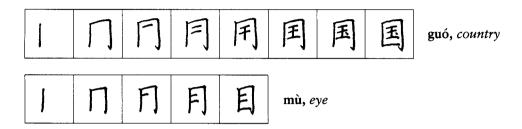


Rule 6. If the character is framed from below, the frame is written last:

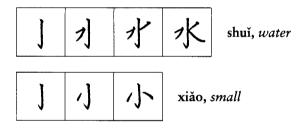


hán, letter, epistle

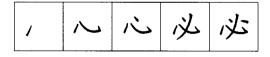
Rule 7. Frames are closed last:



Rule 8. In symmetrical characters the middle is written first, then the sides:



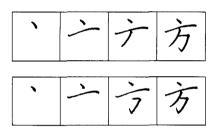
These rules do not unequivocally cover all situations. When no rule seems applicable, you must simply learn the stroke order by heart. If you are conscientious about this from the start, you will quickly develop a feeling for what is correct. Sometimes the official stroke order is changed by calligraphers to make the character easier to write. Such changes in stroke order are not made lightly. They are indeed very rare and are most often based on stroke orders from other styles than kǎishū. One example is the character bì, must, which should, by the above rules, be written from left to right:



This is the official stroke order, but if you write it this way, the components are very hard to balance well. If you write it with the cǎoshū stroke order, however, the composition becomes much more harmonious:



Another example is fang, place, location, which can be written in the following two ways. The first way is the official way, but the second way makes it easier to produce a well-balanced character.



#### THE AESTHETICS OF CHARACTERS:

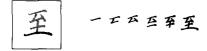
### COMPOSITION

In the first chapter on aesthetics we discussed the characters from a general artistic perspective and learned to see them in the "right" way. Here we will concentrate on how to *write* good-looking characters.

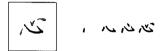
There are a number of handy guidelines to arranging the parts of a character in the most appealing way. By and large, they have been valid for two thousand years, but they were formulated most clearly by the fifteenth-century calligrapher Lǐ Chūn. We will look at a modern analysis of some of his basic principles of composition.

## Some Characters Have a Key Stroke

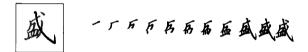
In many characters there is a key stroke on which the whole structure depends. This stroke must be executed to give a vigorous and harmonious impression. In **zhì**, *to arrive*, *to attain*, the bottom **héng** stroke carries the weight of the whole character and must therefore be firm and stable:



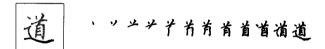
The long hook in the middle of  $x\bar{i}n$ , heart, sweeps out to make the character cohere. If the hook is badly written, the other strokes look like lost cotton wads tossed by the wind:



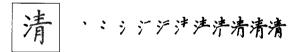
This is also true in **sheng**, *flowering*, *flourishing*, where the other strokes seem to lean on the long elegant hook:



The upper right part of dào, path; way, rests on the long nà stroke at the bottom:

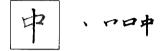


In qīng, clear, the three dots—depicting water droplets—tie the character together. Note how the uppermost dot strives inward and down while the bottom one strives upward:



When the key stroke forms the center of the character, as the shù stroke

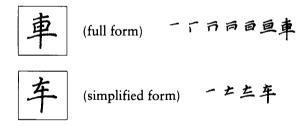
does in **zhōng**, *middle*; *China*, it becomes especially clear. The stroke must stand absolutely straight to give the character balance:



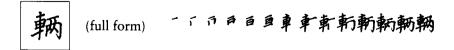
## Characters Fit in Imaginary Squares

Chinese characters are basically square. The sample characters in the earlier parts of the book have all been written in red squares, and this is how they are traditionally presented in order to make them easy to analyze and copy. Some characters are tall and skinny, others are broad and squashed, but as far as possible characters are made to conform to a square pattern. To achieve this, the various parts of the character are written in different ways, depending on where they appear in the whole.

Look, for example, at the character chē, wagon, cart:



When chē stands on its own as a character, it is given ample space horizontally to fill its square, but when it plays the role of the radical in the character liàng, vehicle, it is elongated to make room for the righthand part of the character:



# 辆

## (simplified form) 二十十年午新新新納納

The bottom **héng** stroke has been shortened and is written as a **tiǎo** stroke to avoid poking the right part in the ribs.

Another example of how the parts adapt to fit the whole is the character lin, forest:



# 一十十十十十十十十十

Lín is composed of two trees (mù):





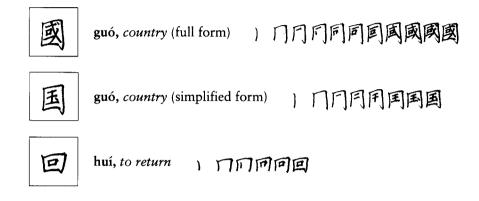
If both trees were written in the same way, the strokes would cross in the middle:



This looks messy and would make the character harder to read. Therefore, the nà stroke forming the right leg of the first tree has been changed into diàn, a dot, to make room for the second tree. For similar reasons, piè and nà are written as dots in many other characters, too.

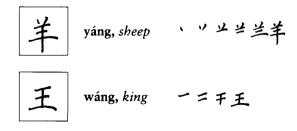
When you write, the imagined squares around the characters should always be the same size, regardless of how many strokes the character contains. Complex characters must be written with small, light strokes in order not to become swollen and clumsy.

Characters that have a frame often create a massive impression and must be written smaller than others in order not to *seem* too large. Examples are



# Repeated Elements Are Executed with Variation

The character lín, *forest*, also illustrates another important principle: avoid stiff symmetry and lifeless repetition. If the same element occurs several times in one character, you should try to make each occurrence different from the others. Other clear examples are characters in which several héng strokes are stacked:



Note how the horizontal strokes are written with different lengths, so that the whole is harmonious without being rigid and boring. The topmost héng seems to strive upward, the bottommost downward. On the other hand, the strokes must be evenly spaced; otherwise, the result is not so attractive:



The king on the left looks as if he has swallowed something too big, and the right one's trousers have fallen down.

## Some Characters Have Left and Right Parts

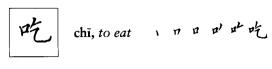
Many characters can be seen as having a left-right structure, a left-middle-right structure, a top-bottom structure, or a top-middle-bottom structure, depending on the elements of which they are composed. By dividing characters into these groups, we can find some general rules that will help us distribute the parts of each character harmoniously within the square in which it is written.

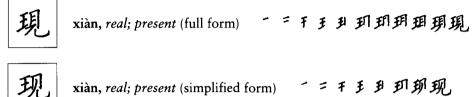
We have already seen how the two trees in lín have to accommodate each other to produce a forest. The world of the characters is, however, not equal. Certain elements that appear in characters always yield to others. We might say that they are intrinsically small. The following are all examples of such elements:



Most of them are radicals, and their meanings are dealt with in the chapter about radicals.

How to treat these small pieces in the composition of a character can be summarized thus: If the small part is on the left, it should strive upward; if it is on the right, it should strive downward. The following characters illustrate the first part of this rule:

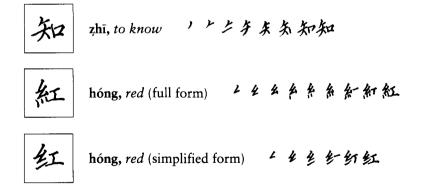




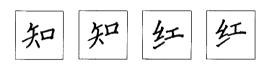
If the small elements on the lefthand side were placed farther down in the character, the result would be clumsy:



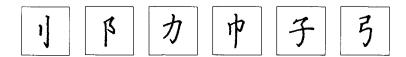
The second part of the rule can be illustrated with the characters **zhī** and **hóng**:



The counterexamples show what happens when the small parts on the right-hand side are placed too high up in the character:



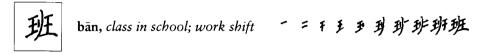
Just as there are intrinsically small elements, there are intrinsically long ones. These include the following:

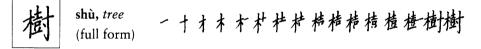


When these appear in characters with a left-right structure, they must always be given ample room to stretch out.

# Some Characters Have Left, Middle, and Right Parts

To fit into the square pattern, the elements of broad, three-part characters must be as elongated as possible. Intrinsically long elements are easy to place, and if they appear in the middle they are usually made to be the longest part of the character. Small parts can be harder to fit in. When the small part is on one side of the character, the general rule still applies—small parts on the left strive upward; small parts on the right strive downward. When a small part is in the middle, it usually strives upward as well:







shù, tree (simplified form) - † † 本 权 权 权村树



jiē, street , 1 彳彳个往往往往往街





nán, difficult (simplified form) 1メメ州外华华雄雄

## Some Characters Have a Top-Bottom Structure

In characters that contain top and bottom parts, and especially in those that contain three parts—top, middle, and bottom—the parts must be flattened to give the character as compact a look as possible. A good example is the character xi:



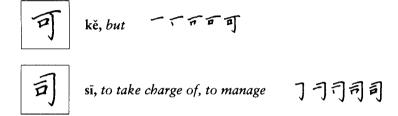
xi, happiness 一十十六古古宣主真真喜

If the individual parts are too elongated, the character becomes ridiculously tall:

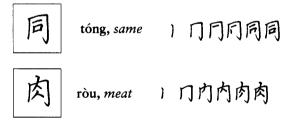


#### Framed Characters

We have dealt with characters that are written with a frame around them. Many characters are only partially framed, however, and they can be divided into four subgroups: those framed from the left, those framed from the right, those framed from above, and those framed from below. The most useful general rules are for characters framed from the right or from above. In characters framed from the right, the contents should snuggle up to the upper righthand corner of the frame:



In characters framed from above, the contents should strive upward, leaving an empty space in the lower part of the frame:

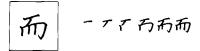


## A Few Difficult Characters

Let us finish by looking at some particularly interesting characters in detail. A few are hard to master, so we will pay special attention to them.

As we have seen, sometimes the strokes keep a character together and focus

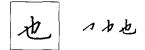
its energy inward. Consider the grammatical particle ér. You can see how the shù stroke on the left and the hook on the right strive toward the center:



If this feeling is lost, the results are catastrophic:



The character ye, too, is very hard to write well:



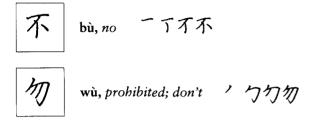
Because ye is very common, you should invest some time in mastering it. First, note how slanted the long heng part of the upper hook is; the typeset character has a horizontal heng, but if it is handwritten that way, the character looks awkward:



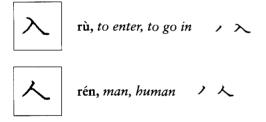
Second, the three shù strokes should be evenly spaced to avoid the following ugly result:



The characters bù, no, and wù, prohibited, don't, teeter on a thin, pointed base and therefore need to have a poised and elegant upper part to help them retain their balance:



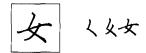
The fewer strokes a character contains, the harder it is to write. This general observation applies to rù, to enter, to go in, and rén, man, human, both of which depend on the fresh vigor of the nà, the right leg:



The character mu, mother, is written with a somewhat unusual stroke order. Note how the framework slants. If the character is written with straight angles, it loses life.



Finally, let us look at the character nu, woman. The long héng stroke must rest firmly on the two crossed legs, and the shu, or vertical, part of the first stroke should determine the central axis of the character:



Well executed, this is an elegant character, but it needs to be only slightly off balance to lose its beauty. It illustrates how dependent characters are on the interplay and fine-tuned equilibrium of the various strokes and therefore makes a good ending to our discussion of the aesthetics of the characters.

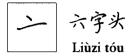
#### THE RADICALS

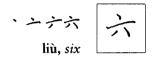
In the history chapter we saw that characters are composed of a radical and a phonetic and that this is the basis for how they are classified in dictionaries. Some radicals occur very frequently and are well worth a more careful look. Dictionaries use over two hundred different radicals. Below I will present thirty-odd of the most common ones and give examples of characters in which they appear. You should practice the characters until you master the radicals. For certain radicals that tend to be hard to write, I have added detailed instructions on how to overcome the problems.

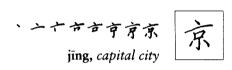
The name of each radical is given in English and Chinese. You need not learn the Chinese names immediately, but the list will be handy to refer to when you do want to memorize them. Whereas the Chinese names usually have little or nothing to do with the history and development of the characters, the English names are more informative.

For radicals that can be used independently as characters, I have included the pronunciation and meaning of the independent form. Sometimes the usage is a result of the simplification reform and is unrelated to the history of the character. Where the history of the radical is well known and can serve as a mnemonic aid to learning the characters, I touch on it briefly.

## The lid radical



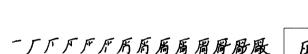




### The cliff radical



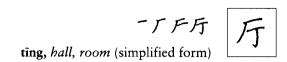
This radical originally depicted a cliff where people could live, a reference to the cavelike dwellings made in cliffs in some areas of China. The radical is often used in characters for rooms or buildings.





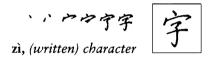
chăng, factory (simplified form)

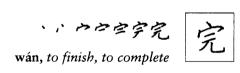
chăng, factory (full form)



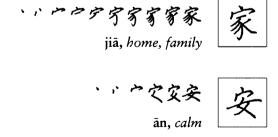
#### The roof radical







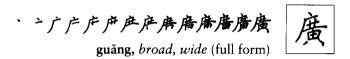
When the whole character contains many strokes, especially when these are piĕ and nà strokes, the roof radical must be made rather small. This is, for example, the key to writing the characters jiā and ān in an aesthetic way. Compare the examples below to zì and wán above.

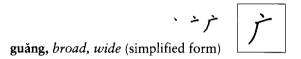


#### The shed radical



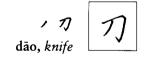
This radical originally depicted a side view of a house with no front wall.



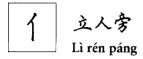


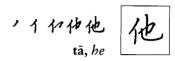
#### The knife radical





## The man or person radical





### The left-step radical



, ノイイギザ two pronunciations: xíng, to go; háng, row, line

#### The ear radical



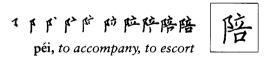
This radical has two entries in dictionaries, one for when it appears on the left of the character and one for when it appears on the right. The two cases have different historical origins. The left ear radical was originally the character fù, which is written thus:

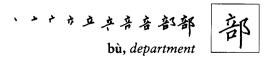


This character is still in use and means high place, mound. The right ear radical is a simplified form of the character yì, meaning place where people gather, city:

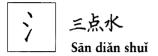


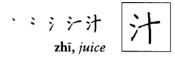
The two following characters illustrate the use of both left and right ear radicals. Note that the shù stroke of the left ear is written as a dropping dew stroke, whereas in the right ear a long suspended needle stroke is used in its place.



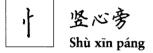


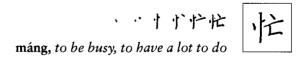
#### The three-dots-of-water radical



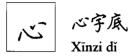


## The standing heart radical



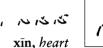


#### The basic heart radical



The character xīn, heart, depends on the long hook to hold it together. The three dots, in contrast, should strive outward, lifting the character and lending it volume, to give the impression of a sail filled by the wind. When the heart appears as a radical, it must be flattened to make room for the elements above it, but the dots should not be squeezed in. If they do not strive outward and upward, the whole character will have a deflated appearance:

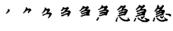






ノイヤや作体体体態態態 nín, you (polite form)



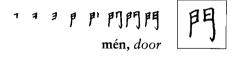




jí, impatient; worried

# The door radical (full form)



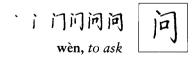




## The door radical (simplified form)







### The walking radical

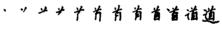


This radical is very difficult to execute correctly. It contains three strokes. You should begin by writing the dian, or dot. The short heng should be connected to a zhé ending in a softly curved downward stroke. The final na stroke should give the impression of a soft hill on which the rest of the character can lean.

By all means avoid the common error of breaking the curved downward stroke of the zhé:

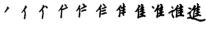


The zigzag pattern makes the character ugly and lowers your writing speed.



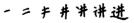


dào, path; way





jin, to enter, to go in (full form)

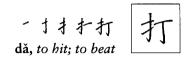




jin, to enter, to go in (simplified form)

#### The hand radical

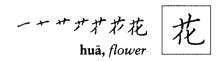




## The plant radical (full form)

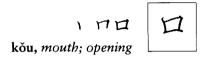
## The plant radical (simplified form)

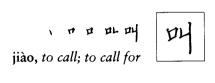


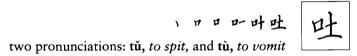


#### The mouth radical









## The eating radical (full form)

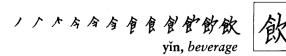






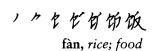






## The eating radical (simplified form)







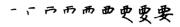


#### The woman radical



くり女女女女好媽媽媽媽 mā, mother (full form)

> くり女が妈妈 mā, mother (simplified form)



要

yào, to want; to be going to

The silk radical (full form)



绞丝旁 Jiǎosī páng

綫

xiàn, thread

The silk radical (simplified form)

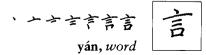


绞丝旁 liǎosī páng

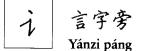
线







# The word radical (simplified form)



`i订闩闩词词词词

`i 广订 洒 话 语 接 yǔ, language

### The horse radical (full form)

馬 S S S S Măzi páng

> -===馬馬馬馬 mă, horse

馬

, 口四四四四四四里里里

罵

mà, to scold

The horse radical (simplified form)

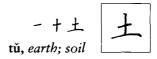
马 马 罗 Mǎzi páng

马

,巾口叫唧唧骂骂 mà, to scold 骂

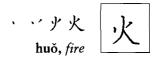
### The earth radical





#### The fire radical





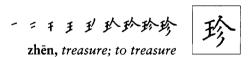
### The jade radical

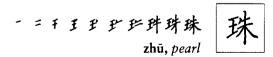


This element is called the *king radical* in Chinese, and it looks like the character for *king* when it appears as a radical:

The character for *jade* is written by adding a dot—a jade ornament—to the king, like this:

When *jade* appears as a radical, the dot is eliminated, but the radical appears in many characters that denote valuable or beautiful things, revealing its true heritage.

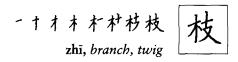




### The tree radical







## The carriage radical (full form)





## The carriage radical (simplified form)

车 车字旁 Chēzi páng

- 左 车 车 斩 斩 轴 轴 zhóu, axis

#### The sun radical

日 日宇旁 Rìzi páng

> ППЕ rì, sun; day

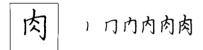
míng, light, bright

### The meat radical

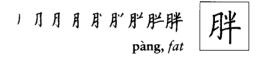
月 月宇旁 Yuèzi páng Like the jade radical above, the meat radical looks like something other than it is—in this case, yuè, moon:



It is therefore called the moon radical in Chinese. Actually, it is usually a shortened form of ròu, meat:



It appears in many characters that have to do with the body.



## The cowrie radical (full form)



Cowrie shells were used as money in ancient China, so this radical appears in many characters that denote valuable things or that have to do with trade and business.

貝

bèi, shell; cowrie

購

gòu, to buy

The cowrie radical (simplified form)

贝

贝字旁 Bèizi páng

1 门刃贝



bèi, shell; cowrie

1 「「贝贝奶购购 gòu, to buy 购

The sickness radical

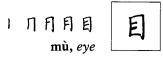
扩

病字旁 Bìngzi páng

病

## The eye radical

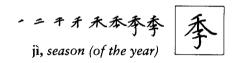




## The grain radical







#### The bamboo radical

XK

竹字头

Zhúzi tóu

, 上个 4 4 竹

竹

zhú, bamboo



bĭ, pen; (writing) brush (full form)



bǐ, pen; (writing) brush (simplified form)

The foot radical

足

足字旁 Zúzi páng

,口口早早早是



zú, foot

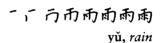
、口口只只是是因的因跳跳跳 tiào, to jump 跳

### The rain radical



雨字头

Yŭzi tóu



léi, thunder



- ニュネールややで書書書書



- 广戶中雨雨雨中雪雪雪



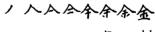
xuě, snow

The metal radical (full form)



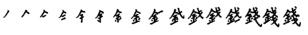
金字旁

Jīnzi páng





jīn, gold

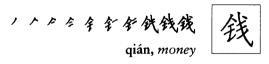




qián, money

### The metal radical (simplified form)

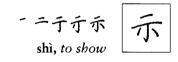


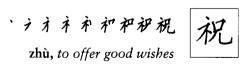


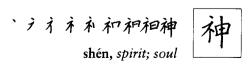
#### The altar-stand radical



It is easy to mix this radical up with the next radical, the *clothing* radical, for they differ by only one dot. But if you compare the characters from which they are derived, **shì**, to show, and  $y\bar{\imath}$ , clothing, any confusion will vanish. The characters in which the two radicals appear also give them away.





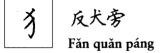


## The clothing radical





# The dog radical



个才才介持特雅雅狼 狼 láng, wolf

#### A POEM AND MORE CHARACTERS

#### TO PRACTICE

The nonnative student of Chinese needs to master the most common characters first. Below I list a hundred or so common Chinese characters that have not been mentioned earlier. They were chosen mainly for their frequency of occurrence in everyday language; the most frequent are listed first. Both full and simplified variants have been included. Those common characters that have appeared as examples in the text are not repeated here.

The traditional way of practicing calligraphy has always been to copy classical poems. It is important to sometimes write whole texts, for characters are not only entities in themselves but parts of a whole; each must harmonize with the rest on a page of text. When you write kǎishū, all characters should be uniform in size, and the héng strokes of different characters should have a similar slant and curvature. Before moving on to the exercises, let us practice characters in context. Later you will undoubtedly want to copy poems and scrolls on your own to perfect your handwriting in Chinese.

### "A Thought on a Still Night"

The Táng-dynasty poem presented here is meant as a traditional exercise. By writing it, you can practice calligraphy and, as a bonus, glimpse the poetry of this golden age. The poem was composed by Lǐ Bái, perhaps the most famous poet of the time. Lǐ was born in 699 and died in 762. It is said that he



Fig. 18. Poem with simplified characters



Fig. 19. Poem with full characters

was very lazy as a child. One day, however, while out walking he met an old woman sitting by the road. She was holding a thick iron rod on which she worked with a file. When young Lǐ asked what she was doing, she answered, "I am making a sewing needle." After that day Lǐ Bái became more industrious in his schoolwork.

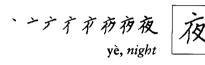
I have chosen his poem Jîng yè sī because it contains only rather common characters. It appears with simplified characters in figure 18 and with full characters in figure 19.

The place, date, and signature of the calligrapher are usually written to the left of the poem. The signature is followed by the character shū, which in classical Chinese means to write, and by the seal of the calligrapher. Sometimes the title or original author of the poem are also added here. Making attractive frames like the ones in the figures, writing the characters, and signing your works in the traditional way can be fun and rewarding; it is not hard to make frames if you have a ruler and a pen that draws lines of even thickness.

Jìng yè sī
chuáng qián míng yuè guāng
yí shì dì shàng shuāng
jǔ tóu wàng míng yuè
dī tóu sī gù xiāng

Here are the strokes for those characters in the poem that have not appeared earlier in the book.





牀

・・・ 广广广床床 chuáng, bed (simplified form) 床

、ソンド 方 首 首 前 qián, before; in front of 前

1 イヤンナ光 guāng, *light*  光

· 广片兰芽菜菜菜菜菜辣辣辣 yí, to suspect; to think 疑

- 十上 shàng, upon; up; above 上

··一戶一戶中那那季季季季東東新霜霜 shuāng, frost

霜

, 《 ; 6 下 的 的 的 的 的 的 的 的 與 與 聚 聚 學

舉

jů, to lift, to raise (full form)



ju, to lift, to raise (simplified form)

自且可可可斯斯斯頭頭頭



tóu, head (full form)



tóu, head (simplified form)

、二云边边边边望望望



wàng, to regard, to look at



dī, low; to lower



gù, old; former





xiāng, countryside (full form)



xiāng, countryside (simplifed form)

Remember that, in a Chinese sentence, place words like on and in front of come after that which they locate; thus, for example, "ground upon frost" means frost upon (the) ground. The poem then becomes easy to understand.

Still night thought

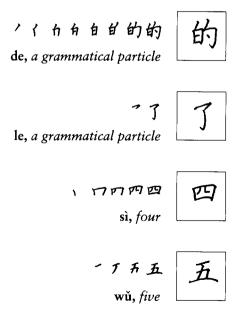
bed front bright moon light
[one might] think is ground upon frost
raise head regard bright moon
lower head think old home

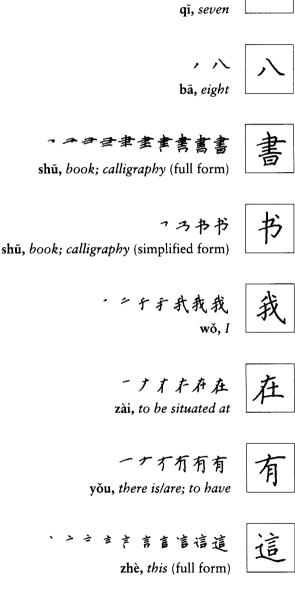
A smoother translation might go like this:

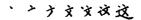
A Thought on a Still Night

Before my bed the bright moonlight Looks like frost upon the ground. I raise my head to watch the moon, Then lower my head and think of home.

#### Characters to Practice







这

zhè, this (simplified form)

八个个个个个个个个个个个

們

men, a grammatical particle (full form)

ノイイイ们



men, a grammatical particle (simplified form)

ノイ有何何何何個個個 ge, a classifier (full form) 個

八个个



ge, a classifier (simplified form)

・ソンピ 兰 差 差 着 着 着 zhe or zháo, a grammatical particle



· ( 6 67 87 87 99 99 兒



ér, son (full form)

儿

儿

ér, son (simplified form)



jiù, just; only

一工石马至至到到

dào, to arrive

zĭ, son

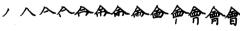
de, a grammatical particle, or děi, must; to have to

qù, to go



7 月月月 那那

nà, that





huì, can; to know how to (full form)





huì, can; to know how to (simplified form)

` 二 章 主 zhǔ, main

и п н в н н 些 時 時 shí, time (full form) 時

 时

レンサ出出 chū, out; to come out 出

и ппР**Р**ВВ **В В В III** guò, to pass (full form)

過

- 十寸寸计过

过

guò, to pass (simplified form)

、ソガガ為為為為為

為

wéi, lit., to be, to function as, or wèi, for (full form)

・ソカカ

为

wéi, lit., to be, to function as, or wèi, for (simplified form)

, 厂厂牛生

生

sheng, to give birth to; to generate

、口口四四四四四四罗罗罗罗罗蒙蒙遗



hái, still; yet (full form)

- 丁才不不不还还



hái, still; yet (simplified form)

- + + + + 未走走起起起



qǐ, to rise; to get up

都

- + 土 尹 君 者 者 都 都 dōu, all, every

r 片 左 年 nián, year



- 2 2 2 沈沙路



méi, to not have

七二十分有有有首能能能



néng, can; to be able to

,刀刃牙罗罗

ZZ

duō, much; more than

- Tエ

göng, work

エ

^ 一千市台台自重重動動

dòng, to move; to touch (full form)

動

- - 壬云 动动

dòng, to move; to touch (simplified form)

动

 用

、 111112半米米生华生生

duì, correct, right (full form)

對

1 又 灯 对对

对

duì, correct, right (simplified form)

ノイイゲ什作作 zuò, to do 作

, 个个什么估估估做做做做

zuò, to do

**zuo,** 10 a0

 自

1111大成成於於蘇發發

發

fā, to emit; to become (full form)

レナ方友发

发

fa, to emit; to become (simplified form)

1又



yòu, once more, again

一ァア万而而而面面



miàn, face; surface

大

- 1111 机积积相相相想想想 xiǎng, to think

- 1 オオポポポポ 栏 样 样 様 様 様 様 yàng, kind, sort (full form)

樣



样

yàng, kind, sort (simplified form)

、ソゴニギギギギ羊芋美義義



yì, righteous; meaning (full form)

、ソメ



yì, righteous; meaning (simplified form)

´ / イイや谷移後 hòu, after (full form)



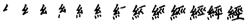
イナド た 后 hòu, after (simplified form)



人人女如如她



tā, she



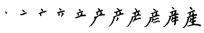


jīng, via; past (full form)

1 幺 纟 纟 纟 冬 冬 冬 冬



jīng, via; past (simplified form)



chăn, to produce (full form)



、トナカ立产

chăn, to produce (simplified form)



, 1999 好 殊 殊 殊 殊 然 然 然

rán, in this way



zhong, sort, kind, or zhong, to plant, to grow (full form)



- 二十十十十和和种



zhong, sort, kind, or zhong, to plant, to grow (simplified form)

一一一一一可写写事



shì, matter, business

· ;彳孑孑孑孑孑独独独微微

從

cóng, from (full form)

1 人 別 从 cóng, from (simplified form) xiē, some 7 7 9 月 11 門門門門門門開開開 kāi, to open (full form) -= F开 | J kāi, to open (simplified form) - 「FF互長長長 cháng, long, or zhẳng, to grow (full form) 一卡长 cháng, long, or zhǎng, to grow (simplified form) 1- 17 17 11 11 11 11 11 jiàn, to see (full form)

jiàn, to see (simplified form)

- + 土牛牛走走

zǒu. to walk

走

、ナナウロロ戸高高高

gāo, high, tall

高

、、ハウでな安在安安等寄育實育

shí, real (full form)

實

、1 户中中空空字实

shí, real (simplified form)

实

/ ~ 二气气气气氧氧氟氟 qì, air (full form) 氣

qì, air (simplified form)

气

、トロクを

它

----, ·--

1 4 4 4 8 8 8 8 8 8 8 8 8 8 8 8

gěi, to give (full form)

給

1 4 4 4 外外给给 gěi, to give (simplified form) 给

~ = 三手 shǒu, hand 手

ノ 入入今今全 quán, whole; fully



力

lì, force

正

一 T F 正正 zhèng, straight; proper; front

€

、ドロロママ定定 dìng, to order; to decide

、上十六立产吝啬音音意意意 yì, meaning 意

一十十十十十十十十十世世世世世世世世代機機

機

jī, machine; opportunity (full form)

一十十十十机机

机

jī, machine; opportunity (simplified form)

 向

、 口口 四四四四門門門 野 軍 軍 戰戰

戰

zhàn, war (full form)

- トナトトトト大战战 zhàn, war (simplified form) 战

 物

- : F F F P P P P P P P P P

理

li, to order, to straighten out; logic

一十十年当当声声声声超越殿群群群聲



shēng, sound, noise (full form)

一十七吉吉吉声



shēng, sound, noise (simplified form)

, アメルルベダダン工工等等 děng, to wait 等

nèi, inside

内

ックタタタト wài, outside 外

```シア計注法 fă, law; method 法

ノイイル huà, change 化

、いりドドド 性件情情情 qíng, feeling 情

1 17 月月日町町即肥駅 yǎn, eye 眼

· / 「介റ可自身 shēn, body 身



# 

聽

ting, to hear; to listen (full form)

1 中日 中町 呼听

ting, to hear; to listen (simplified form)

听

, 口口口旦早早早早最最

即取 zuì, most

 電

1 口口口电

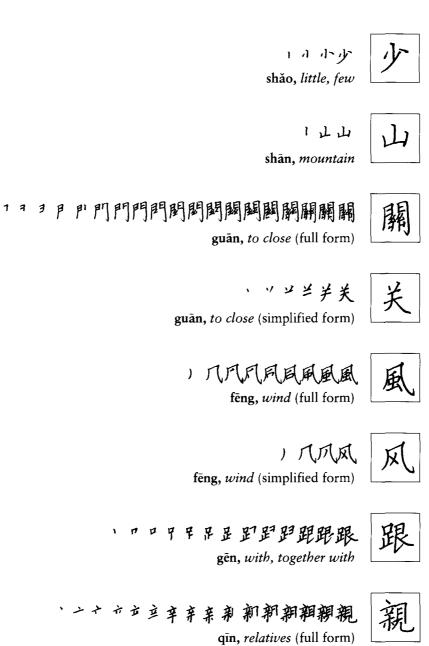
电

diàn, lightning; electricity (simplified form)

新

、二十六立三辛辛亲亲新新新 xīn, new

,个个月月月角角的解解解解解 jiě, to solve 解



、ナナヤゴ三辛辛亲

亲

qīn, relatives (simplified form)

,,,以从从然然梦筝笑



xiào, to laugh

1 カダラ 多色



sè, color

#### SUGGESTED READINGS

Should you want to delve further into the subjects discussed in this book, you will find food for thought in the books listed here.

China—Empire of Living Symbols by Cecilia Lindqvist. A modern classic on the historical development of the characters, translated from the Swedish original, which was published in 1989. (London: Harville HarperCollins, 1991; Reading, Mass.: Addison-Wesley, 1991.)

Chinese Calligraphers and Their Art by Ch'en Chih-Mai. A thorough discussion of the history of calligraphy with in-depth portraits of some of the great masters. The author also deals with aesthetics and appreciation of calligraphy, but gives little practical guidance on writing and does not analyze individual characters. (London and New York: Cambridge University Press, 1966.)

Chinese Calligraphy by Lucy Driscoll and Kenji Toda. A brilliant exposition of calligraphy as an art form. (Chicago: University of Chicago Press, 1935.)

Chinese Calligraphy: An Introduction to Its Aesthetic and Technique by Chiang Yee. A comprehensive and frequently amusing introduction to the history, aesthetics, and practice of

calligraphy, written by an old-fashioned Chinese scholar. The examples tend to include very obscure characters. (3rd ed. Cambridge: Harvard University Press, 1973.)

A multitude of books and character patterns are available in larger Chinese bookshops. The editions are quickly sold out, making it pointless to give any particular titles. Have a look at what is currently on the shelves.

#### GUIDE TO CHINESE PRONUNCIATION

Pīnyīn is a standard system of writing Chinese using the Latin alphabet.

#### Consonants

The consonants f, h, m, n, ng, r, s, and sh are pronounced as in English. The *ch* in the English word *cheek* sounds like a *t* followed by a soft *sh*-like sound; the Chinese x is pronounced like this soft *sh*.

The consonant 1 is similar to an upper-class British one—"An absolutely *splendid* party, my dear chap!"—as opposed to a cockney *l* or a thick American Midwestern one.

A number of Chinese sounds form unaspirated-aspirated pairs. We say a sound is aspirated when it is accompanied by a puff of air, like the English t in town. Say the word holding the palm of your hand close to your mouth—you should feel the t coming out. The unaspirated form of t is d—if you say down you can't feel the d against your palm. In English d is voiced—the vocal cords vibrate when you say it—so d and t differ by both voicing and aspiration. In Chinese d is unvoiced, just like the d0 so the only difference between d0 and d1 is the aspiration. The unaspirated-aspirated pairs in Chinese are the following:

- b-p pronounced as in English, but b is unvoiced
- d-t pronounced as in English, but d is unvoiced
- g-k pronounced as in English, but g is unvoiced
- i-q i is pronounced as in job, q like tch in kitchen
- **z-c** pronounced like the English *ds* and a *ts*, respectively, but
- **zh-ch zh** is pronounced like *dr* in *draw*; **ch** is more aspirated than the English *ch*

## Vowels and Diphthongs

The letter a is usually pronounced like the u in fun; ian, however, is pronounced like yen.

The letter e is usually pronounced like the *ea* in *learn*; however, in the combinations ei and ie it is pronounced like the English *a* in *lay*.

The letter i is pronounced in three different ways: after r, sh, zh, and ch it sounds like an r, so shi is pronounced like shr, ri like rr, and so on. After s, z, and c it is pronounced like the z sound in buzz; si sounds like szz, zi like dzz, and ci like tzz. In all other cases i is pronounced like the e in she.

The letter o is usually pronounced like aw in saw; in ong, however, it is pronounced like oo in soon.

The letter  $\ddot{\mathbf{u}}$  is pronounced like the y at the beginning of English words. The word you, for example, is made up of a short, soft y sound followed by an oo: yoo. The Chinese  $\ddot{\mathbf{u}}$  sounds like this y.

The letter  $\mathbf{u}$  is usually pronounced like oo in soon; after  $\mathbf{j}$ ,  $\mathbf{q}$ ,  $\mathbf{x}$ , and  $\mathbf{y}$ , however, it is pronounced like  $\ddot{\mathbf{u}}$ .

The diphthong ou is pronounced like o in go.

The Chinese y is silent and is used in pīnyīn for historical reasons. Thus, for example, yi is pronounced like a lone i, or *ee*, and yu is pronounced like ü. Similarly, the u-sound is spelled w when it occurs in an initial position; for example, wu is pronounced *oo*.

#### Tones

There are four tones in Chinese, indicated here with diacritics.

- ā The first tone is level, like the tone of the second syllable of tadaa! Someone whisking the drape off a new painting or announcing, with a flourish, the opening of a school play might say tadaa!
- á The second tone is rising, like the tone of a surprised question:
  What?
- ă The third tone goes down and then up, just like the irritated and somewhat exaggerated tone used on so in the following context: "You haven't given me any reason to do it." "So? Do it anyway."
- à The fourth tone is a falling tone that sounds like the tone on hey in "Hey! You there!"

### INDEX OF CHARACTERS

All characters used as examples and exercises in the text and for which a stroke order has been included are listed below.

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